

# TELFORD CRISIS SUPPORT

## Shopping list



We are always grateful to receive the following

**Tinned meats - steak, mince, pork, chicken, corned beef etc.**

**Tinned meals - stew, meatballs, curry, chilli etc.**

**Tinned veg - potatoes, peas, carrots etc.**

**Long-life Milk - semi-skimmed & whole**

**Pasta sauces & pasta bakes**

**Rice pudding & tinned fruit**

**Tinned tuna & salmon**

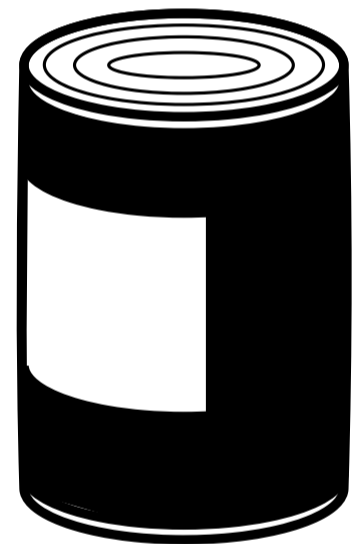
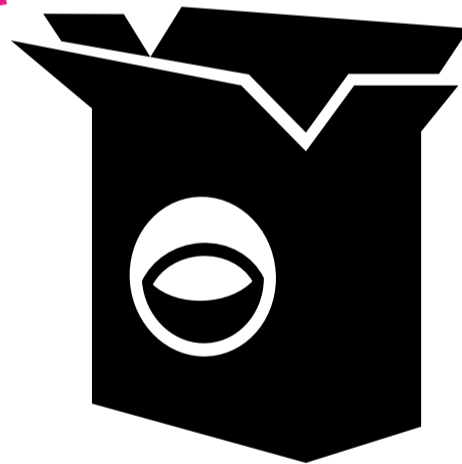
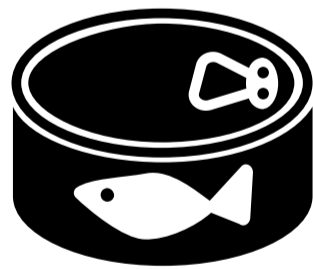
**Pasta & noodle pots**

**Chocolate**

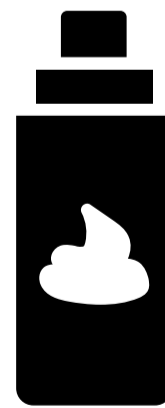
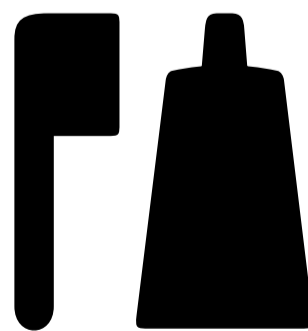
**Biscuits**

**Coffee**

**Sugar**



We also welcome  
any dietary-specific  
foods, vegetarian,  
gluten-free,  free-from etc.



**Shampoo**

**Toothpaste**

**Deodorant**

**Toothbrushes**

**Shaving Foam**

**Disposable razors**

**Shower Gel & Soap**

**Feminine Care Products**