

**Tinned meats - steak, mince, pork,
chicken, corned beef etc.**

Tinned meals - stew, curry, chilli

Tinned veg - potatoes, peas, carrots

Pasta sauces & pasta bakes

Rice pudding & tinned fruit

Tinned tuna & salmon

Pasta & noodle pots

Long-life Milk

Chocolate

Biscuits

Coffee

Sugar

TELFORD CRISIS SUPPORT

Registered charity 1158650

Food & Hygiene Wish List

**We also welcome any dietary-specific
foods, vegetarian, gluten-free,
free-from etc.**

**Shampoo
Toothpaste
Deodorant
Toothbrushes
Shaving Foam
Disposable razors
Shower Gel & Soap
Period Products**